These strategies help us to live more authentic, purposeful lives, to raise children of compassion and idealism, and create a culture of character in our schools and communities.

1. **Speak the Language of Virtues**
   Language has the power to discourage or to inspire. Using virtues to acknowledge, guide, correct and thank awakens the best within us.

2. **Recognize Teachable Moments**
   Recognizing the virtues needed in daily challenges helps us to become lifelong learners open to the lessons of character.

3. **Set Clear Boundaries**
   Boundaries based on respect and restorative justice create a climate of peace, cooperation, and safety in our homes, schools and communities.

4. **Honor the Spirit**
   We sustain our vision and purpose by integrating virtues into our activities, surroundings, celebrations and the arts.

5. **Offer Companioning**
   Being deeply present and listening with compassionate curiosity guides others to find clarity and to create their own solutions. It supports healing and growth.