

# THE FIVE STRATEGIES

**T**hese strategies help us to live more authentic, purposeful lives, to raise children of compassion and idealism, and create a culture of character in our schools and communities.

## 1. SPEAK THE LANGUAGE OF VIRTUES

Language has the power to discourage or to inspire. Using virtues to acknowledge, guide, correct and thank awakens the best within us.

## 2. RECOGNIZE TEACHABLE MOMENTS

Recognizing the virtues needed in daily challenges helps us to become lifelong learners open to the lessons of character.

## 3. SET CLEAR BOUNDARIES

Boundaries based on respect and restorative justice create a climate of peace, cooperation, and safety in our homes, schools and communities.

## 4. HONOR THE SPIRIT

We sustain our vision and purpose by integrating virtues into our activities, surroundings, celebrations and the arts.

## 5. OFFER COMPANIONING

Being deeply present and listening with compassionate curiosity guides others to find clarity and to create their own solutions. It supports healing and growth.

